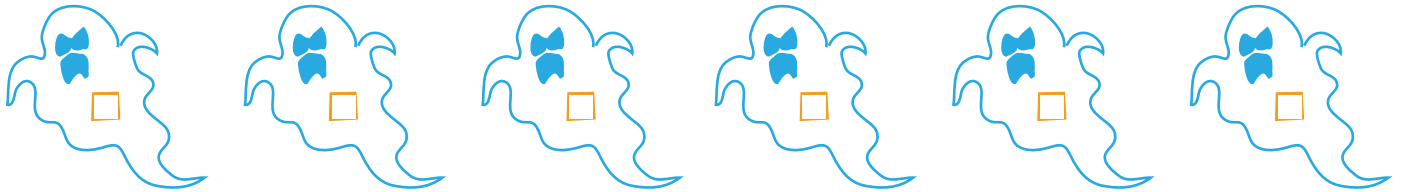
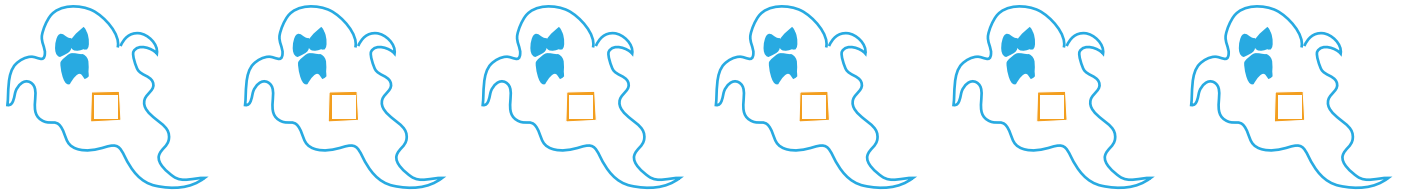
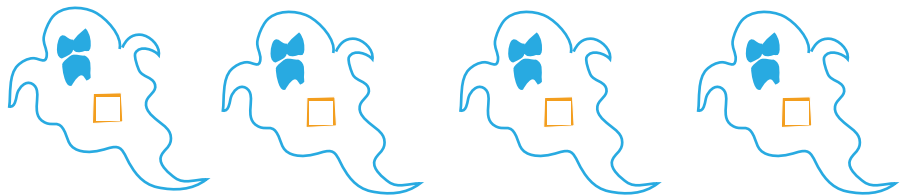


# Outrageous October Weightloss Challenge



[www.thenewyouplan.com](http://www.thenewyouplan.com)



Name \_\_\_\_\_  
Target loss \_\_\_\_\_  
Total loss for month \_\_\_\_\_  
Total inchloss for month \_\_\_\_\_

